




















September 2009

Monday	Tuesday	Wednesday	Thursday	Friday
August 31. LUNCH: Bean & Cheese Burrito (flour tortilla), 1/4 c. peaches, 1/4 c mixed vegetables, 3/4 c milk	September 1. LUNCH: Chinese rice bowl with pepper stir fry, grilled Teriyaki Chicken, Mandarin Oranges and Pineapples, milk 	2. LUNCH: Turkey Ham & cheese on wheat w/ mustard, Potato Salad, Mandarin Oranges milk 	3. LUNCH: Grilled Chicken Patty, green beans, soft breadstick, pineapple , milk  	4. LUNCH: BBQ beef on a Hot dog bun! Mandarin Oranges, Cooked carrots milk 
7. No School Labor Day! 	8. LUNCH: Cheese Sandwich on wheat, 1/4 c broccoli, 1/2 c tomato soup, 3/4 c milk 	9. LUNCH: Tuna Salad in Pita Pocket, 1/4 c peas, 1/4 c pears, 3/4 c milk  	10. LUNCH: Cheeseburger Macaroni, Cooked Carrots, 1/4 c mandarin Oranges milk  	11. LUNCH: Grilled Chicken Patty, Mexicali Rice, Green beans, Pineapple, milk 
14. LUNCH: - Pork BBQ Riblette, Red beans and rice, carrots, mandarin Orange Milk	15. LUNCH: BBQ chicken on a bun RATATOUILLA pears, & Strawberries milk 	16. LUNCH: Sloppy Joe (beef & tomato) on bun, Peas & carrots, peaches, milk  	17. LUNCH: Turkey Ham w/ cheese on wheat, mustard, Mandarin Oranges, Bananas, Strawberries & blueberries, potato salad, milk 	18. LUNCH: Egg salad on a dinner roll, Carrots, pineapples, milk 
21. LUNCH: Beef Ravioli, Broccoli, mandarin Orange milk	22. LUNCH: Chicken salad, flour tortilla, Oatmeal Apple crisp, peaches, milk	23. LUNCH: Biscuit & gravy, Ham roasted potatoes, banana, strawberries & peaches, milk  	24. LUNCH: Nacho's w/ Beefy Cheese Sauce, corn salsa, mandarin Orange milk	25 LUNCH: Turkey / cheese on wheat w/ mustard, Strawberries & Peaches potato salad, milk
28. LUNCH: Bean & Cheese Burrito (flour tortilla), 1/4 c. peaches, 1/4 c mixed vegetables, 3/4 c milk	29. LUNCH: Chinese rice bowl with pepper stir fry, grilled Teriyaki Chicken, Mandarin Oranges and Pineapples, milk	30. LUNCH: Turkey Ham & cheese on wheat w/ mustard, Potato Salad, Mandarin Oranges milk	October 1. LUNCH: Grilled Chicken Patty, green beans, soft breadstick, pineapple , milk	October 2. LUNCH: BBQ beef on a Hot dog bun! Mandarin Oranges, Cooked carrots milk